

SIMPLE STUDIES

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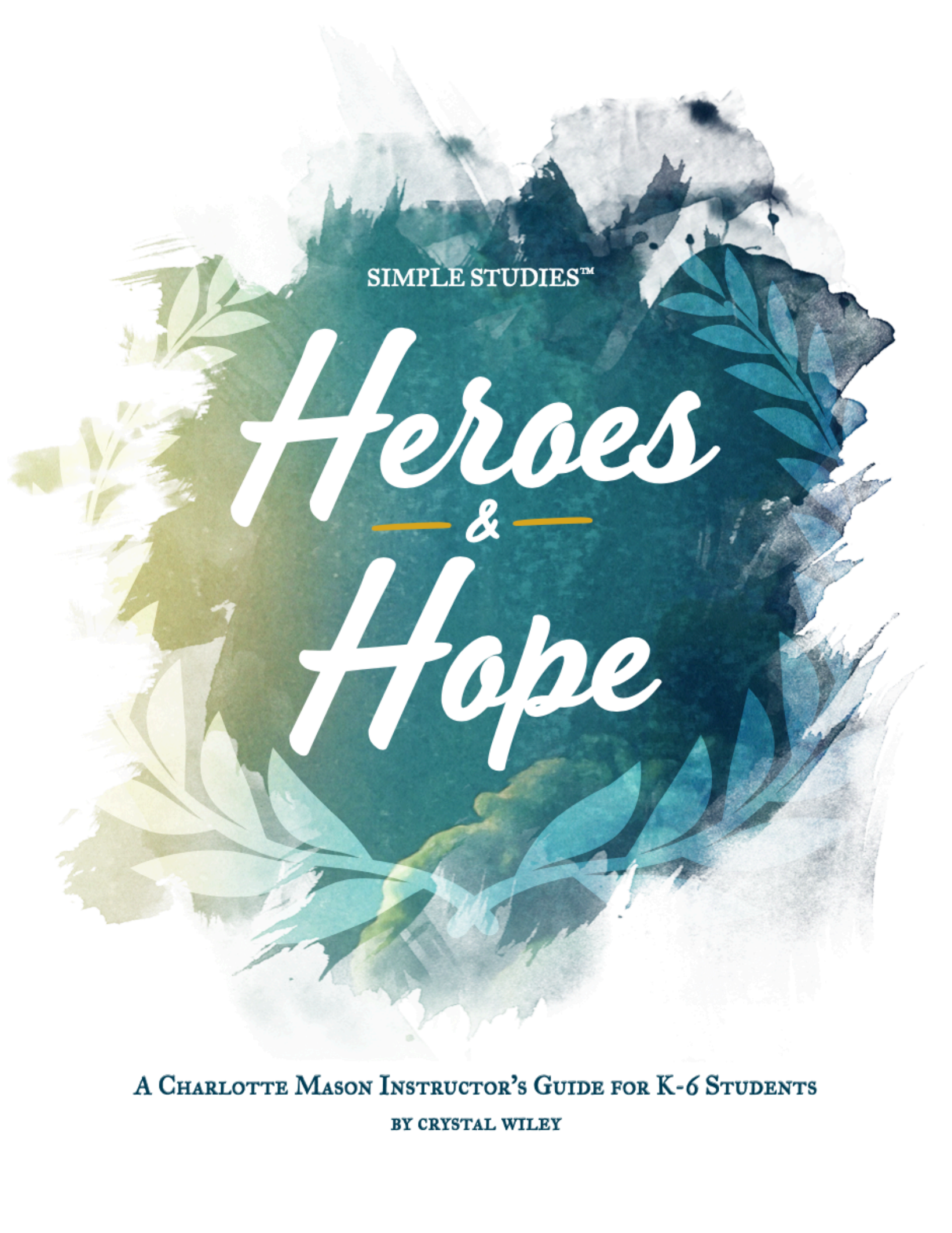


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SIMPLE STUDIES™

# Heroes — & — Hope

A CHARLOTTE MASON INSTRUCTOR'S GUIDE FOR K-6 STUDENTS

BY CRYSTAL WILEY

# MATERIALS NEEDED FOR THE ENTIRE STUDY

- 1) This **Simple Study: Heroes & Hope & Instructor's Resources** Printed & bound together (or read from a computer or a tablet).
- 2) **Heroes & Hope Coloring Book & Copywork** (*attached*). These are reproducible. Print out one copy per student and bind together or keep them together in a folder.
- 3) A printed copy of the Beatitudes (Matthew 5:1-12). (*attached*)
- 4) **[The Children's Book of Heroes](#)** by William J. Bennett. For Lessons 1 – 17. (*Check your local library. There are also many used copies floating around online*)
- 5) **[50 Famous Stories Retold](#)** by James Baldwin SORTED BY CHAPTER. For Lessons 18 – 36.

(\*\*For chapters aligned with this study, be sure to purchase the Living Book Press version at [www.livingbookpress.com/50famous](http://www.livingbookpress.com/50famous) as it aligns with the lessons in this study while other versions may not).

**There is also a FREE audiobook option sorted by chapter available on LibriVox at:**

<https://librivox.org/fifty-famous-stories-retold-by-james-baldwin/>

- 6) Quality Coloring Pencils (Recommended: [Prismacolor Scholar](#))
- 7) Optional: Picture books for weekly lessons (*list provided*)

# MASTER PICTURE BOOKLIST BY LESSON

## PAGE 2

### Lesson 3:

- [A Mama for Owen](#) by Marion Dane Bauer (*a sweet book for adoptive parents*)
- [My Mom](#) by Anthony Browne
- [Mama, Do You Love Me?](#) by Barbara M. Joosse
- [Everlasting Embrace](#) by Gabrielle Emanuel
- [Hazel's Amazing Mother](#) by Rosemary Wells

### Lesson 4:

- (OS) [The Winter at Valley Forge: Survival and Victory](#) by James Knight
- [When Washington Crossed the Delaware: a wintertime story for young patriots](#) by Lynne Cheney and Peter M. Fiore
- [George Washington's Teeth](#) by Deborah Chandra & Madeleine Comora
- [The Sign Painter's Secret](#) by Dorothy and Thomas Hoobler
- [Silver for General Washington](#) by Enid LaMonte Meadowcroft
- See more George Washington books listed in Lesson 26

### Lesson 5:

- [Just Me and My Dad](#) by Mercer Mayer
- [Dad by My Side](#) by Soosh
- [My Father Knows the Names of Things](#) by Jane Yolen
- [My Dad](#) by Anthony Browne
- [Papa, Do You Love Me?](#) By Barbara M. Joosse
- [The Berenstain Bears Father's Day Blessings](#) by Mike Berenstain

### Lesson 7:

- [The Story of Ruby Bridges](#) by Robert Coles
- [Before She Was Harriet](#) by Lisa Cline-Ransome
- [When Marian Sang](#) by Brian Selznick
- [Each Kindness](#) by Jacqueline Woodson
- [John Henry](#) narrated by Denzel Washington, a Rabbit Ears Audiobook
- (OS) [I Have a Dream](#) by Margaret Davidson

# LESSON 4

## MATERIALS NEEDED:

- *The Children's Book of Heroes*
- Coloring Page: "Prayer"
- Colored Pencils
- The Beatitudes "Memorization" Page (attached)
- Computer (optional)
- Easy Hoecakes Recipe (attached, optional)
- Book of Centuries or a Timeline if using one (optional)
- Picture books see master list (optional)

Ask the students what they recall from last time's reading about angels. Read together, *The Children's Book of Heroes*, page 16, "A Prayer at Valley Forge," and ask for an oral narration. Let students look at and color the picture titled "Prayer."

Continue memorizing the Beatitudes together.

**Optional:** Make "Easy Hoecakes" together for lunch. This was one of George Washington's favorite breakfast foods.

## Older Students:

- Have the student look up the painting titled "The Prayer at Valley Forge" by Arnold Friberg on a computer. (optional)
- If you can locate a copy, I highly recommend the book, *The Winter at Valley Forge: Survival and Victory*, by James Knight, for further study into Valley Forge. Writing as a soldier, each journal entry emphasizes the hardships of surviving a cruel army winter besieged by the British.
- Have students record the Revolutionary War and/or The Winter at Valley Forge into their Book of Centuries or running timeline.

**Picture books:** (Please refer to the Master Picture Book List for all titles)

# EASY BERRY PUDDING (LESSON 33)

There are no measurements in this berry pudding. The recipe depends on the amount of berries you have.

## Ingredients:

Berries  
Water  
Flour  
Sugar

## Directions:

- 1) Boil berries in a large saucepan, the water should be a couple of inches above the berries. Boil approximately 10 minutes.
- 2) Strain berry juice and save.
- 3) Mash the berries to release the juice. Set aside the berries.
- 4) Mix enough flour and water to make a thick mixture but not a paste.
- 5) Using the same boiling pan, pour mashed berries and less than half of the saved berry juice back in the pan. Heat at medium-high, slowly pouring the flour mixture in the pan. Keep stirring. If liquid gets thick, pour more berry juice, but not too much.
- 6) Keep stirring the pudding until it comes to a boil; immediately remove from the stove, there should be some juice left. After the pudding cools, add sugar to taste. Do not leave the pudding cooking, it needs to be kept stirred.

SIMPLE STUDIES™

# Heroes & Hope



COLORING BOOK & COPYWORK

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NAME

## LESSON 21: KEEPING YOUR WORD COPYWORK

But let your 'Yes' be 'Yes,' and your  
'No,' 'No.' For whatever is more than  
these is from the evil one.

(Matthew 5:37)

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## LESSON 12: THE POOR GIRL



## LESSON 20: MASTERFUL

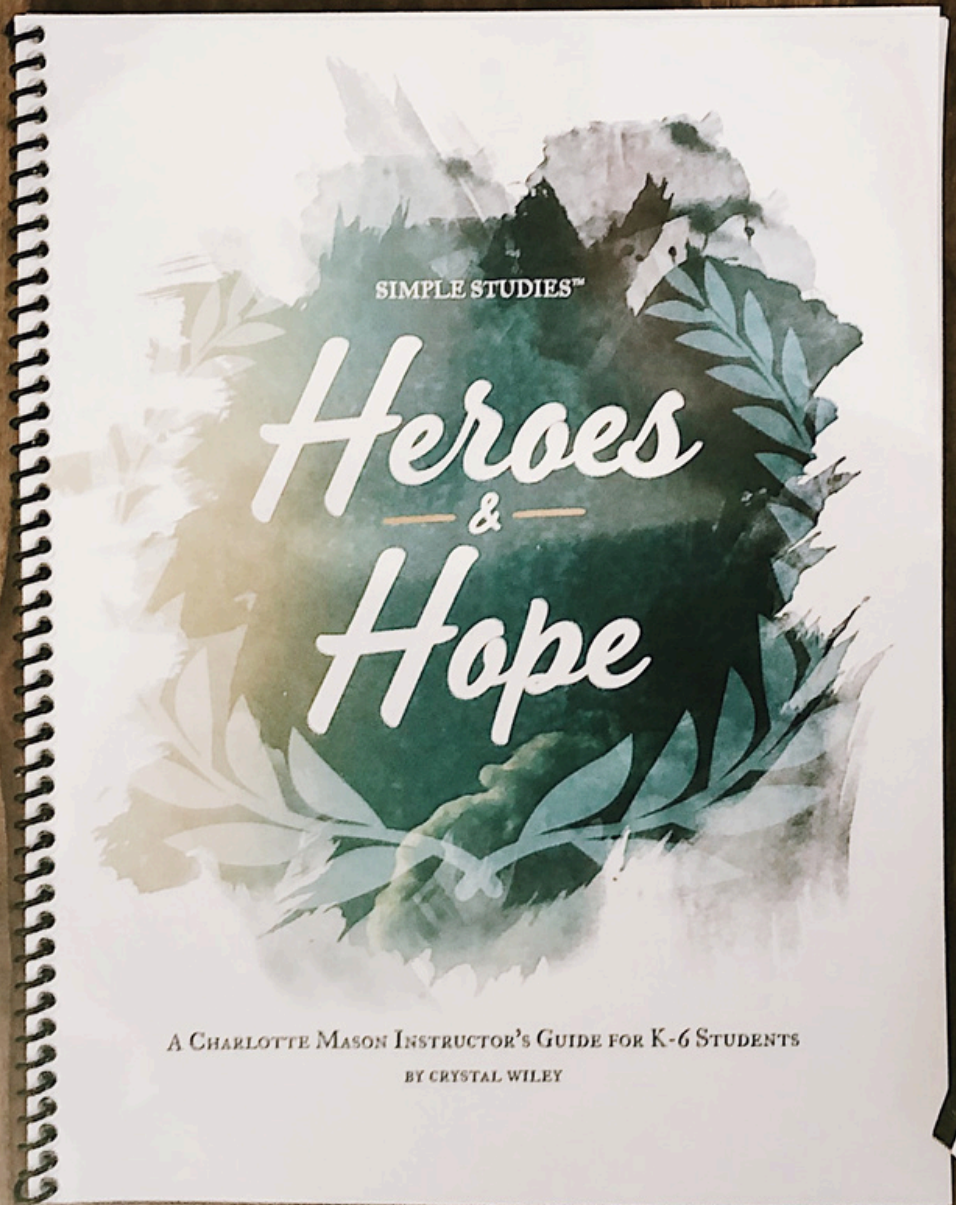


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# Heroes & Hope



INSTRUCTOR RESOURCES



# TESTIMONIALS

CMSIMPLESTUDIES.COM

*I have been searching for a few years for the right addition to our morning time. I needed something that has poetry, reading, Biblical principles and nature oriented lessons. I would find something but become overwhelmed by the amount of "fluff" and extra content. These studies are so feasible and attainable and have added a wonderful component to our Charlotte Mason homeschool! My only problem is choosing which one to do next!!!! Love them all!!! - Katie Woodruff*

OUR KIDS RECENTLY FINISHED YOUR JUNGLE STUDY AND REALLY ENJOYED IT. :) — GENEVIEVE D.

*We've used your guides from the beginning, gosh, so many years ago. I love how you take the cream off the top of so many different curriculum and put it together in a way that's custom fit for your family. - Miette Allison*

I LOVE YOUR STUDIES. I HAVE AN 8 AND 5 YEAR OLD AND WE ARE CURRENTLY WORKING THROUGH THE FOREST ANIMALS GUIDE. IT'S SO FUN. - LYDIA JENKINS

*I like all of these guides because they're simple but interesting and give just enough further resources (links, booklists, ideas) to be fun without being overwhelming, an important factor for us! - @thesunrisemama*

TRULY LOVE YOUR PRODUCTS; THEY ARE A GREAT FIT FOR OUR FAMILY. I LOVE HOW THE LESSONS ARE SO FLEXIBLE. THEY CAN BE SHORT (JUST READING AND COLORING) OR WE CAN GO DOWN A RABBIT HOLE FOR THE AFTERNOON. WE ARE SO GRATEFUL TO YOU FOR CREATING THEM! — KÀRIN MANCINI

# TESTIMONIALS

CMSIMPLESTUDIES.COM

*We did the Simple Studies Burgess Birds and it was our favorite homeschool study we've ever done! We have kids in 8th grade down to kindergarten and all my children enjoyed doing this study together. It's amazing to see each bird that they drew in their nature journal. I printed "how to draw" pages for my youngest sons so it gave them step by step instructions on how to draw each bird. They loved that. My young ones also loved the coloring pages! We were sad when the book came to an end. I would highly recommend this study and you can make it work with a variety of ages.*

– Claire Jones

US HISTORY IS FINALLY STARTING TO BE INTERESTING FOR MY 7 YEAR OLD. THANK YOU FOR CREATING AN INTERESTING, AFFORDABLE WAY FOR YOUNG CHILDREN TO LEARN ABOUT US HISTORY! – SARAH W.

*My daughters and I started with Among the Meadow People and I truly appreciate your simple studies. They are enjoying them and sharing facts with family. They loved how God created the robin with a pocket of oil for when it rains. Thank you for serving the homeschool community with your time and talent. – Nicole M*

JUST FINISHED COURAGE. WE LOVED IT! IT WAS OUR FIRST STUDY AND NOW I WANT TO BUY THEM ALL!! -MAGGIE MILLER

*I'm officially obsessed with your studies. They've been a life-giving presence in our homeschool this year & I'm so grateful to have found them. – Hannah Connor*

I AM SO PLEASED WITH WHAT I FOUND! I AM PLANNING ON INCORPORATING 3 OF THE SIMPLE STUDIES IN OUR YEAR. THEY ARE SO CUTE!! AND ARE GREAT FOR MY BROOD-- 8, 6, 3.5 AND 14 MONTHS. THANK YOU FOR YOUR HARD WORK AND DEDICATION. – MARIA DOUGLASS

# CHECK OUT OUR OTHER PRODUCTS!

CMSIMPLESTUDIES.COM

